## Prep for Adulthood

## **Curriculum Expectations**

#### Intent

Our school ethos is 'What I learn today, prepares me for tomorrow....' and this encompasses our drive to ensure our curriculum goes beyond Barndale and supports our children and young people to have a successful and purposeful transition into adulthood. The key areas we will develop through our curriculum will be Employment, Independent Living, Community Inclusion and Health.

## Implementation

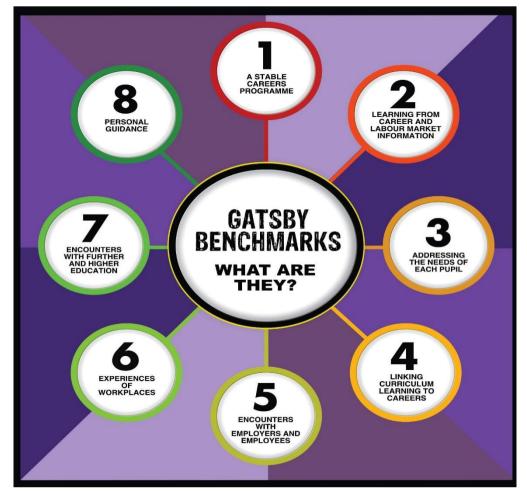
P4A will be taught through engaging, motivating and progressive threads across the school. P4A will be incorporated into the curriculum through:

- ✤ Intrinsic links to learning
- Supporting towards independence in all area of school life
- Providing access to our residential offer to extend the curriculum
- Using interactive resources to support the delivery
- Using our community to raise aspirations, life experiences and providers
- Connecting our classrooms to a wider community

## Impact

To evidence that our pupils can do more and know more in P4A we will:

- ✓ Use of the Gatsby Compass + platform
- ✓ Interview pupils
- ✓ Monitor coverage in the curriculum
- ✓ Participate in the LA Prep 4 Adulthood work stream
- ✓ Follow achievements through skills builder, accreditations and Gateway award (residential curriculum)
- ✓ Participation in careers guidance
- $\checkmark$  Completion of provision maps and pathway plans



Barndale House School

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## THE CAREERS LEADER DASHBOARD

Six planned phases of activity from inspiration in primary school to rewarding work experience opportunities and apprenticeships as teenagers:

PHASES 1-3 : Experience of work and careers built meaningfully into learning activity

PHASES 4-6: Work and careers-based opportunitrs, learning and progression



## PHASE 2

Understanding skills and aspirations

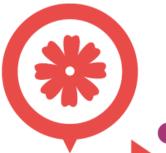
Children start to understand what they are good at, what they are interested in, and the range of careers that could suit them.



### PHASE 4 Moving towards achieving

ambitions

Young people access a range of supported activites and next step planning including work placements and core skills development.



**FLOURISH** 

## PHASE 6 Growing independence through apprenticeships

The final phase that offers young people a managed transition into apprenticeship opportunities with continuing but tapering levels of support - a time to thrive and grow their independence.

## INSPIRATION

## MOTIVATION

## SYNTHESIS

PHASE 1

## Laying the foundations for later life

Children develop a sense of awe and wonder in the world as well as a range of skills, interests and abilities in a wide variety of subject areas.

## PHASE 3

Consolidating experience and learning

APPLICATION

Young people are now preparing for steps into independence, employment, independent living, financial security and community inclusion through access to a broad range of real life experiences. PHASE 5 Structured formal workplace activity

> Learners experience growing levels of workplace activity and classroom knowledge that help them build strong relationships with their coaches and employers.



THRIVE

#### Phase Approaches

#### Engage



Consolidate



## **Activities in** this phase

An adaptable curriculum that's full of choice and mapped to their preferences means that children and voung people encounter a broad range of exciting, fun and inspirational experiences.

#### Activities inside the classroom are designed to build aspirations and interest for example:

- Construction and using tools
- Digging/planting/harvesting
- Cooking
- Nature/outdoors
- Creating things and using tools
- Colouring and sticking
- Using devices and technology

#### **Experiences outside the** classroom consistently map back to local communities and the current and future opportunities available within them for example

- Visits within the community including to a wide range of local businesses
- Trips on public transport
- Walking outdoors including parks and gardens



The curriculm becomes increasinaly linked with creating purposeful activities. Working towards future aspirations is at the core of every experience.

Curriculum areas include:

- Maths and English
- Digital skills

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- Sciences and humanities
- Creative activites
- Physical education

Purposeful applications of learning could include make and sell enterprise activite ssuch as the 'Make £5 Grow' programme.



## **Activities in** this phase

#### The curriculum is linked with purposeful activities that support children and young people's next steps to college or work-based learning for example:

- Duke of Edinburgh
- Personal, social, health & economic (PHSE)
- Functional skills E1, E2, E3, L1, L2 (maths, English and computing)
- NCFE Occupational Studies E3-L2
- ASDAN units and gualifications
- Employability gualifications
- Gateway Award

Activities inside the classroom offer a wide range of work-based activities and simulated work environments that could include:

- Making/manufacturing/construction
- Machinery/equipment
- Customer service
- IT/computing
- Land based/horticulture
- Animal care
- Hospitality
- Enterprise/small businesss including pop-up shops
- Health/social care
- Business admin/office skills

Preparation for Adulthood Outcomes			
	Engagement	Activate	Consolidate
Life/Employment Skills	<ul> <li>Following instructions</li> <li>Adapting to new environments</li> <li>Playing with other children</li> <li>Real world play</li> <li>Real world visits</li> <li>Numeracy</li> <li>Language Development</li> </ul>	<ul> <li>* Talk about careers</li> <li>* Meeting role models</li> <li>* Building ambitions and interest</li> <li>* Real world experiences and visits</li> </ul>	<ul> <li>Careers advisory sessions</li> <li>Person centred planning</li> <li>Work experience/tasters</li> <li>Qualifications</li> <li>Enterprise projects</li> <li>Building vocational profiles</li> <li>Transition work</li> </ul>
Independent Living	<ul> <li>Feeding &amp; Drinking</li> <li>Toileting</li> <li>Real world play</li> <li>Getting dressed</li> <li>Making choices</li> </ul>	<ul> <li>Personal hygiene</li> <li>Telling the time</li> <li>Managing money (shopping)</li> <li>Cooking</li> <li>Staying away from home</li> <li>Travel training</li> <li>Safety &amp; signs in the community</li> </ul>	<ul> <li>Making decisions</li> <li>Managing incomes and expenditures</li> <li>Supervised access to the local area</li> <li>Life skills and planning for the future</li> <li>Managing time</li> <li>Safety in the home</li> <li>Understand types of living arrangements</li> </ul>
Friends, relationships & Community	<ul> <li>Making friends</li> <li>Social interaction</li> <li>Visits and day trips</li> </ul>	<ul> <li>Developing reciprocal friendships</li> <li>Learning to be safe on and offline</li> <li>Knowing the local area</li> <li>Walking short distances alone</li> <li>Understand bullying</li> <li>Managing change</li> <li>Making decisions on using free time</li> </ul>	<ul> <li>Belonging to different groups</li> <li>Having safe relationships</li> <li>Managing social media and technology</li> <li>Staying safe</li> <li>Understand risks- drugs and alcohol</li> <li>Understanding the criminal justice system</li> <li>Knowing where to go for help</li> </ul>
Health & Wellbeing	<ul> <li>Diet and food variety</li> <li>Developmental checks</li> <li>Immunisations</li> </ul>	<ul> <li>Diet and obesity choices and checks</li> <li>Physical exercise</li> <li>Medical visits (optician, dentist, CYPS)</li> <li>Understanding puberty and relationships</li> </ul>	<ul> <li>Relationship and sex education</li> <li>Managing their own health/medical need</li> <li>Staying physically active and healthy</li> <li>Managing own wellbeing</li> <li>Healthy choices- sleep, drugs &amp; alcohol</li> </ul>