# **SERVICES & SUPPORT**

#### **FAMILY HUBS**

Family Hubs are in your local community,
OFFERING FUN ACTIVITIES, YOUTH SPACES AND A WIDE
RANGE OF OTHER SERVICES

#### **LOCAL YOUTH PROJECTS**

Local youth projects offer a wide variety of activities and sessions for you and your friends to get involved in.

Evening youth groups, drop ins and holiday activity programs.

#### **YOUTH JUSTICE SERVICE**

The youth justice service helps prevent offending by working with children and young people, aged 10-17, and their families. A worker will complete an assessment and intervention plan based on the young person's strengths and risk. These interventions will; challenge offending and anti-social behavior; support young people to take personal responsibility for their behavior; help young people to achieve their goals.

## **KOOTH - MENTAL WELLBEING SUPPORT**

- WWW.KOOTH.COM
- Kooth is an online mental wellbeing community for children and young people
- Free, safe and anonymous support for young people.
- Articles, Discussion boards, chat with teams and journaling.
- Start or join a conversation with our friendly Kooth community.
- Chat to our helpful team about anything that's on your mind.

# **CONTACT US**

#### **NORTH FAMILY HUB**

(Berwick, Hadston, Wooler, Alnwick)
Berwick Family Hub, Ladywell Place,
Tweedmouth, TD15 2AE
Main Contact: 01670 62 04 61

#### **CENTRAL FAMILY HUB**

(Ashington, Bedlington, Morpeth)
Ashington Family Hub, Alexandra Road,
Ashington, NE63 9EF
Main Contact: 01670 81 99 88

#### **SOUTH EAST FAMILY HUB**

(Blyth, Cramlington, Seaton Valley)
Blyth Central Family Hub, 103 Wright Street,
Blyth, NE24 1HG
Main Contact: 01670 79 88 00

#### **WEST FAMILY HUB**

(Hexham, Prudhoe, Ponteland, Haltwhistle, Bellingham) Hexham Family Hub, Beaufront Avenue, Hexham, NE46 1JD Main Contact: 01434 60 16 98

You can also search for your local hub on facebook



#nlandfamilyhubs







# What is antisocial behaviour?



INFORMATION
ADVICE & GUIDANCE
TO HELP
YOUNG PEOPLE
UNDERSTAND ASB

Anti-social behaviour is any behaviour that causes harassment, alarm or distress to any person that is not in your household!



Below are some examples:



**Littering** 



**Graffiti** 



Criminal damage



**Knife crimes** 



**Hoax phone calls** 



Violence



# WHAT CAN HAPPEN IF YOU'RE INVOLVED...

When you are involved in anti-social behaviour it is important to understand the consequences of your behaviour.

If you are aged between **10-17** you can be arrested, taken to court and in some extreme cases you can be imprisoned.

## **KEEPING YOURSELF SAFE**

ASB can quickly escalate into serious crimes, being involved in ASB makes you a target for organised crime groups. Their aim is to groom, isolate and exploit young people into the selling and transporting of drugs, this is called **County Lines**.

The majority of young people involved in County lines end up feeling trapped and will experience serious threats, intimidation, and violence



# SUPPORTING YOUR FRIENDS INVOLVED IN ASB

- MAKING SURE YOUR FRIENDS ARE SAFE AS WELL AS YOURSELF IS IMPORTANT.
- IF YOU THINK YOUR FRIENDS ARE AT RISK OF BEING LINKED TO ASB YOU CAN HELP THEM...



## **TALK TO THEM**

It is important to talk to your friends and let them know how you feel about what they are doing. They maybe looking for support from a friend and all that it takes is for you to speak to them.

### **SHOW THEM WHERE THEY CAN GET SUPPORT**

It could be that all your friends needs is to be shown where they can get some support. This could be from school, other friends, parents & carers or even online.

We have included a list of places where you can get support from on the next page.

## **GET INVOVELD WITH LOCAL GROUPS**

Whether its a sports group, youth organisation or an after school club. Groups are great to get involved with and keep yourself and friends safe.