

Barndale Activate Curriculum PSHE Overview

22/24	PSHE											
Cycle 1	Things we are good at/Keeping safe				Identifying & Expressing Feelings/Baby to Adult				Healthy eating/Respecting differences			
Who/When	Hedgehogs	Autumn 1	Hedgehogs	Autumn 2	Hedgehogs	Spring 1	Hedgehogs	Spring 2	Hedgehogs	Summer 1	Hedgehogs	Summer 2
Skills	To be able to manage my health and wellbeing		To be able to be safe on and offline.		To be able to create and maintain healthy friendships and relationships		To be able to manage my health and wellbeing		To be able to manage my health and wellbeing		To be able to create and maintain healthy friendships and relationships	
Cycle 2	Kind/Unkind behaviours/Care of ourselves				Managing strong feelings/Dealing with touch				Keeping well/Jobs people do			
Skills	To be able to create and maintain healthy friendships and relationships		To be able to manage my health and wellbeing		To be able to manage my health and wellbeing		To be able to create and maintain healthy friendships and relationships		To be able to manage my health and wellbeing		To be able to develop the qualities and attributes children need to be healthy, independent and active participants in society.	

22/24	PSHE											
Cycle 1	Playing & Working Together/Trust				Feeling Frightened/Worried/Puberty				Physical Health/Care of the Environment			
Who/When	Squirrels	Autumn 1	Squirrels	Autumn 2	Squirrels	Spring 1	Squirrels	Spring 2	Squirrels	Summer 1	Squirrels	Summer 2
Skills	To be able to create and maintain healthy friendships and relationships		To be able to create and maintain healthy friendships and relationships		To be able to manage my health and wellbeing		To be able to manage my health and wellbeing		To be able to manage my health and wellbeing		To be able to develop the qualities and attributes children need to be healthy, independent and active participants in society.	
Cycle 2	Getting on with others/Keeping safe online				Strong Feelings/Relationships				Medicinal Drugs/Rules & law			
	To be able to create and maintain healthy friendships and relationships		To be able to be safe on and offline.		To be able to manage my health and wellbeing		To be able to create and maintain healthy friendships and relationships		To be able to manage my health and wellbeing		To be able to be safe on and offline.	

22/24	PSHE											
Cycle 1	People who are special to us		Public & Private		Self-esteem & Unkind Comments		Healthy and unhealthy relationships		Healthy Lifestyles		Belonging to a community	
Who/When	Foxes	Autumn 1	Foxes	Autumn 2	Foxes	Spring 1	Foxes	Spring 2	Foxes	Summer 1	Foxes	Summer 2
Skills	To be able to create and maintain healthy friendships and relationships		To be able to be safe on and offline.		To be able to manage my health and wellbeing		To be able to create and maintain healthy friendships and relationships		To be able to manage my health and wellbeing		To be able to develop the qualities and attributes children need to be healthy, independent and active participants in society.	
Cycle 2	Personal strengths		Managing Pressure.		Expectations of Relationships		Friendships		Mental Wellbeing		Money /Managing finances	
Skills	To be able to manage my health and wellbeing		To be able to manage my health and wellbeing		To be able to create and maintain healthy friendships and relationships		To be able to create and maintain healthy friendships and relationships		To be able to manage my health and wellbeing		To be able to develop the qualities and attributes children need to be healthy, independent and active participants in society.	

22/24	PSHE											
Cycle 1	Skills for Learning		Feeling Unwell		Romantic Feelings & Attraction		Intimate Relationships, consent & contraception		Body Image		Preparing for adulthood	
Who/When	Badgers	Autumn 1	Badgers	Autumn 2	Badgers	Spring 1	Badgers	Spring 2	Badgers	Summer 1	Badgers	Summer 2
Skills	To be able to develop the qualities and attributes children need to be healthy, independent and active participants in society.		To be able to manage my health and wellbeing		To be able to create and maintain healthy friendships and relationships		To be able to create and maintain healthy friendships and relationships		To be able to manage my health and wellbeing		To be able to develop the qualities and attributes children need to be healthy, independent and active participants in society.	
Cycle 2	Prejudice & Discrimination		Gambling		Expectations of relationship abuse.		Long-term relationships/parenthood		Drugs, alcohol & tobacco		Rights & Responsibilities	
Skills	To be able to develop the qualities and attributes children need to be healthy, independent and active participants in society.		To be able to develop the qualities and attributes children need to be healthy, independent and active participants in society.		To be able to create and maintain healthy friendships and relationships		To be able to create and maintain healthy friendships and relationships		To be able to manage my health and wellbeing		To be able to develop the qualities and attributes children need to be healthy, independent and active participants in society	